

GWASANAETH AR GYFER SUL ADFERIAD 2013:

Dydd Sul 6 Hydref fydd ail **Sul Adferiad** Cymru. Ar y Sul hwn, gofynnwn i Gristnogion Cymru uno mewn gweddi dros y rhai sy'n gaeth i ddibyniaeth; i ofyn i Dduw ein helpu i'w helpu nhw. Oherwydd hyd yn oed mewn bywyd eglwys, mae pobl a theuluoedd yn brwydro yn erbyn dibyniaeth. Mae **Sul Adferiad 2013** yn gyfle arall i agor ein meddyliau i'w hargyfwng nhw.

Mae gwasanaeth **Sul Adferiad 2013**, "Cyffwrdd Ymyl Ei Wisg", ar ffurf PowerPoint ac ar gael yn awr i'w lawrlwytho o'n gwefannau.

Mae'r gwasanaeth wedi ei seilio ar hanes gwraig swil fu'n dioddef poen ac alltudiaeth dros gyfnod o 12 mlynedd ac wedi 'sbyddu ei hadnoddau heb unrhyw wellhad, yn troi at Iesu. Mae'n stori am feithrin hunanhyder, ffydd a gobaith. Mae'n stori adferiad ac ynddi felly addewid.

MAE'R GWASANAETH YN AWR AR GAEL I'W LAWRLWYTHO O'N GWEFANNAU: [www. http://www.welshcouncil.org.uk/index-cymraeg.html](http://www.welshcouncil.org.uk/index-cymraeg.html)
A <http://www.livingroom-cardiff.com/cymraeg/index.html>

SERVICE FOR RECOVERY SUNDAY 2013:

Sunday October 6th will be Wales' second **Recovery Sunday** when we invite the Christians of Wales to unite in prayer for those held captive to dependence; to ask God to help us help them. Even in church life people and families are fighting addiction. **Recovery Sunday 2013** is another opportunity to open our minds to their crisis.

The service for **Recovery Sunday 2013** – 'Touching the edge of His Cloak' is now available in PowerPoint form and for downloading from our websites.

The service is based on the story of the shy lady who suffered pain and exclusion over 12 years and, having exhausted her resources in the search for cure, turned to Jesus. It is a story of nurturing self-confidence, faith and hope. It is a story of recovery and promise.

THE RECOVERY SUNDAY SERVICE IS NOW AVAILABLE TO DOWNLOAD FROM OUR WEBSITES: www.welshcouncil.org.uk and www.livingroom-cardiff.com